



Performance Horsemanship
Better Barrel Racing Clinic

SCHEDULE

Day 1

- 8:00 AM Registration, Warm Up for Introduction Barrel Run
- 8:30 AM Welcome: Student Introduction Run
- 10:30 AM **Demo and Student Application:** The A R T of Barrel Racing
- 12:30 PM Lunch/Video Review; Identifying Performance Outcomes
- 2:00 PM **Lecture:** Training Equipment
- 2:30 PM **Demonstration & Student Application:** Skill Building Exercise. (*Training Bridles*)
- 5:00 PM Horses can be unsaddled for the day at completion of individual work

Day 2

- 8:30 AM Warm-Up; **Demonstration & Student Application:** Introduction to Training Pyramid (*Training Bridles*)
- 10:00 AM **Lecture:** Competition Equipment
- 10:30 AM **Demonstration & Student Application:** Review the A.R.T. of Barrel Racing; Application of Problem Specific Corrections
Adding Speed To Your Barrel Pattern. This Will Be Individual Work (Riders Choice of Equipment; Training or Competition Bridles)
- 3:00 PM Timed Run/Demonstration of Skill
- 4:00 PM Video Review, Performance Outcomes, Closing Remarks, Award Presentations